

With your help we
can do more of:

Prayer Line

Spirituality for Women

Spirituality for Men

ACTS Retreat

Couple Support

Prayer Hour

Stewardship

Evangelization

Cursillo

Nat'l. Christian Family

Life Ministry

Vocations

Adoration

Parish Mission



Christ The King Cathedral

4011 54th Street
Lubbock, TX, 79413
806-792-6168

Spiritual Life Commission

What you are
Is God's gift to you.
What you become
Is your gift to God.



Come and let us grow together

The Spiritual Life Commission creates, develops, supports and implements programs for the spiritual life and growth of the parish community.

Just as a healthy physical life is one of growth, so a healthy life is a process of growth.

Sadly, not all Christians grow spiritually, many have been Christians for years with little change or improvement.

Failing to grow we become stagnant, like a pool of water.

Spiritual growth is a choice, it occurs only when we choose to grow, that is where the Spiritual Life Commission is able to help.



“Come to me, all you who labor and are heavy laden, and I will give you rest.

Take my yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.

For My yoke is easy and my burden is light.”

Mt 11:28-30

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